

Children's Museum Toddler Tuesday

August 5th, 2008



Today we read the book – My 5 Senses by Aliko. We wrapped up our series of topics on the 5 senses by covering taste and smell today. We found things around the room with our different senses. While we read the book we feasted on super SOUR candy! Then we went to a couple of activity tables where we smelled different scents and tasted things. We had a pickle tasting event where the children could choose if they liked dill or sweet pickles better. We had sweet marshmallows and pretzels out and the children tasted them and then chose the one they would like to most have for snack. (It was close but the marshmallows did win.) At the other table we smelled 10 different scents and then put stickers on the scents we liked. We even guessed what some of those scents were! Smell and taste are a big part of our world and today we learned a little more about those two senses.

Things to do at home with your children

1. Buy different fruits and vegetables (outside of the normal ones that we all eat every day) and have a tasting party. Let the whole family try new things and maybe you will find a new favorite!
2. Take a “smelly” walk. Go for a walk as a family and stop and smell the flowers, trees, grass, etc. Talk about what smells good and see who can find the most things with scents. If you can't make it outside – walk around the house and find things to sniff. Just be careful not to let children sniff any cleaning supplies as the vapors from some things could be harmful!
3. Get some scratch and sniff stickers.

Book List

Here are some additional titles that have to do with taste or smell:

The Five Senses: Hearing, Sight, Smell, Taste and Touch – by J.M. Parramon and JJ Puig

A Button in Her Ear – by Ada Bassett Litchfield

Ears are for Hearing – by Holly Keller

My Ears – by Lloyd Douglas

Perk Up Your Ears: Discover Your Sense of Hearing – by Vicki Cobb and Cynthia Lewis

You Can't Taste a Pickle with Your Ear – by Amanda Haley

A Taste of Colored Water – by Matt Faulkner

A Taste of Honey – by Nancy Elizabeth Wallace

I Wonder Why Lemons Taste Sour & Other Questions About the Senses – by Deborah Chancellor